**Module 3 – Appreciative communication**

**M3.WS8 – Glossary**

**Objective**: to discuss the basic terms and definitions applied in the fields of addictions and mental health.

**Methodology:** Divide the group in 3 teams. Make sure to have groups mixed between peers and professionals from different backgrounds, e.g. one social worker, one psychiatrist, one psychologist. Ask the teams to do the following:

Imagine you have to create a basic glossary for a *Peer manual* to be used by your fellow peer counsellors.

Write down 5 most common and the most important terms used in:

Team 1 – addictions

Team 2 – mental health / psychotherapy

Team 3 – social work

and give your own definition of each of them.

